

Instrument Assisted Soft Tissue Mobilization Report

Department of Musculoskeletal Physiotherapy of CMF'S College of Physiotherapy organized a workshop on "Instrument Assisted Soft Tissue Mobilization" on 18th and 19th April 2022, under the guidance of Dr. Shilpa Parab Madam, Principal CMF'S College of Physiotherapy. Resource person for this workshop was Dr. Piyush Jain, Specialized in Fitness & GYM Injuries, Sports Injuries, Athletic Performance and Athletic Recovery. He was Ex. HOD, Prakash Institute of Physiotherapy, Greater Noida, Instructor Dry Needling, International Instructor Kinesiology Taping.

Total 32 Student's (Interns, Masters, and Final year) and 3 faculty members attended the workshop. Dr. Piyush Jain sir has explained about the myofascia in detail and various causes for its restrictions.

It was a practical oriented workshop. Sir has demonstrated assessment and treatment techniques using Edge tool for extremity and spine to students. He supervises the practice done by students nicely. It was an interactive session. Students learned a lot from the workshop.

Workshop was coordinated by Musculoskeletal Department faculty and Dr. Sushil Arora Sir. After the workshop vote of thanks was given by Dr. Pallavi Chopade. Dr. Piyush Jain sir distributed the certificates and transcripts after the workshop.

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Dr. Himanshu Pathak

HOD

Musculoskeletal Department

P. Chopade

Dr. Pallavi Chopade

Associate Professor

Dr. Hina Jain

Assistant Professor



Shilpa A. Parak
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Instrument Assisted Soft Tissue Mobilization Workshop Photo

